



Essential Things to bring to a Regatta

Be prepared for any kind of weather at a Midwest regatta, whether it's in the fall or spring!

Team Members:

- Uniform
- 7/16 inch wrench for rigging the boat
- Shaker sweatshirt or Stevenson jacket
- Extra change of clothes (think layers) and appropriate shoes for water launches
- Several extra pairs of socks
- Plastic bag for wet clothing
- Hat / sunglasses
- Water bottle
- Medications / sunscreen
- Athletic tape for blisters

Spectators:

- Reading material or homework (there is plenty of waiting time between races)
- Chair or blanket to lie on
- Binoculars
- Camera
- Warm clothes for layering
- Blanket / sleeping bag
- Umbrella/rain gear
- Hat/sunglasses
- Crew roster with cell phone numbers
- Directions to the hotel /race site
- Money for regatta t-shirts

