



Shaker Heights High School Crew 2007-2008

About the team

- Starting its 11th season, 5th season as varsity sport.
- Member organization of the Cleveland Rowing Foundation
<http://www.clevelandrows.org>
- 22 rowers in 2007 spring season ; Varsity, JV and Novice, but we're all one team!
- Fleet of 6 shells, 28 oars, 1 trailer, 11 rowing machines all purchased through donations and fundraising efforts
- In 2006-2007 we raced in Westerville, Dublin, Pittsburgh, Cincinnati, Erie and Cleveland
- 2006-2007 fees: Fall \$185, Winter \$100, Spring \$185 + regatta travel fees
- School provides bus transportation to/from boathouse for weekday practices
- Strong history of volunteerism in events such as the Head of the Cuyahoga and the Row for the Cure

Tentative 2007-2008 schedule

Fall Practice Schedule: Monday through Friday, August 28 – October 29, 4:30-6:30 at the boathouse

Winter Practice Schedule: TBD

Spring Practice Schedule: TBD
3/31-4/4 (spring break trip) location TBD

Fall Regattas: 9/15 Head of the Cuyahoga, Cleveland, OH; 9/22 Head of the Welland, Welland, Canada; 10/13 Head of the Koin, Chautauqua, NY; 10/27 Jack Speakmon Memorial Regatta, Dublin, OH.

Winter Regattas: 2/2 Three Rivers Indoor Sprints, Pittsburgh, PA; 2/10 Hammer Regatta, Cleveland, OH.

Potential Spring Regattas: 4/12 Hoover Sprints, Westerville, OH; 4/26 Governor's Cup, OH; 5/3 TRRA Scholastic Sprints, Lake Arthur, PA; 5/10-5/11 Midwest Scholastic Rowing Association Championship; 5/17 Mercyhurst, Pittsburgh, PA.

Key Contact Information

Executive Committee Presidents:

Terry Sullivan tsullivan@paragonadvisors.net 216-491-8883
Nora Murphy nmurphyawp@sbcglobal.net 216-701-1827

Coaches:

Head, Sharon Romilly sromilly@gmail.com
Assistant, Bob O'Connor rgerald592@hotmail.com

Things to Do Over the Summer:

Get physical form completed. This form is available on the high school athletic page of the school website. Participate in the BFS sessions or erging sessions. Run!

Check for updates at: WWW.SHAKERHEIGHTSCREW.ORG

